

CDC's *Learn the Signs. Act Early.*

for Early Childhood Agencies, Training and Technical Assistance (TTA)
Providers, Coaches, and Consultants

FREE research-based, family-friendly resources on child development to support your professional training and help you engage families

Professional Development

CDC's *Learn the Signs. Act Early.* FREE resources:

- ✓ Help TTA providers, coaches, and consultants support a wide range of early childhood providers
- ✓ Increase knowledge about early childhood development and provide practical tips to engage families with young children
- ✓ Provide continuing education units (CEU) with FREE *Watch Me! Celebrating Milestones and Sharing Concerns* training to help providers meet professional development requirements
- ✓ Aid in early identification of the 1 in 6 children with a developmental delay or disability

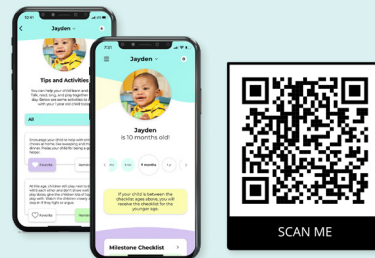
Family Engagement

CDC's *Learn the Signs. Act Early.* resources:

- ✓ Supply information and resources on developmental monitoring to help providers engage and support families
- ✓ Help providers communicate with families about child development
- ✓ Provide tips on discussing developmental concerns
- ✓ Let parents celebrate their child's development and act early on developmental concerns



Watch Me! Training
FREE 1-hour online CEU course



Milestone Checklists
Download CDC's *Milestone Tracker* app in English or Spanish for Apple and Android devices.

You can ensure children with developmental delays and disabilities receive the help they need.

1. Encourage all providers and those who coach or train them to take CDC's FREE 1-hour online CEU course, *Watch Me! Celebrating Milestones and Sharing Concerns* (www.cdc.gov/WatchMeTraining).
2. Encourage programs to use milestone checklists in print, online, or with CDC's *Milestone Tracker* app to
 - Increase providers' practice of ongoing developmental monitoring
 - Complement developmental screening by engaging families in monitoring milestones
 - Increase providers' knowledge of potential signs of developmental delay and how to address concerns
3. Support early childhood programs and providers by sharing [CDC's Tips for Talking with Parents](#) and [How to Get Help for Your Child](#) tip sheets for families.

www.cdc.gov/ActEarly | 1-800-CDC-INFO (1-800-232-4636)



Learn the Signs. Act Early.

Getting resources is easy with 3 simple options:

Download CDC's FREE *Milestone Tracker* app.

Learn more at

www.cdc.gov/MilestoneTracker

OR

Print FREE resources directly from

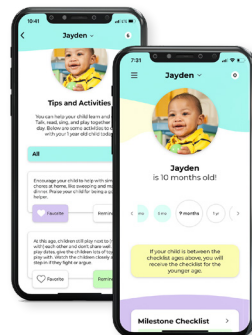
www.cdc.gov/ActEarly/Materials

OR

Contact your Act Early Ambassador
to ask about local supplies of materials
in English or Spanish at

www.cdc.gov/ActEarly/Ambassadors

*Most resources are available in English and Spanish.
CDC's milestone checklists are available in additional languages.*



Find the FREE resources pictured here and others at www.cdc.gov/ActEarly.

Local contact information is helpful to families. Want to customize CDC resources with your logo and contact information? Request customizable files from ActEarly@cdc.gov and have them printed locally.

The Centers for Disease Control and Prevention's (CDC's) *Learn the Signs. Act Early.* program aims to improve early identification of children with developmental disabilities so children and families receive needed services and support as early as possible.

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